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Parents of children with disorder 'need more support'

PARENTS of children with Attention Deficit/Hyperactivity Disorder (ADHD) are not receiving adequate support, research has suggested.

The results of a nationwide survey have revealed that nine out of 10 families need extra help to cope with the condition,

which is characterised by an inability to sustain attention and concentration, the developmentally inappropriate levels of activity, distractibility and impulsiveness.

The survey was undertaken by the national ADHD support group, Adders.

In the East Midlands, 92 per cent of parents indicated that they had never been offered ADHD coaching, though they would like it.

Similarly, 81 per cent of parents wished for specific parenting skills courses, but only 16 per cent had been offered

help in this area. Experts believed this lack of assistance created considerable roadblocks for parents in being able to effectively manage their child's ADHD.

The disorder affects five per cent of the UK's child population and can lead to significant

emotional and social challenges if left untreated.

Caroline Hensby, founder of Adders.org – the mother of a son with ADHD and an ADD sufferer herself said: "The prevalence of ADHD and the lack of support regarding the disorder is a real and significant problem."