None of these lists constitute any form of recommendation.

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FINANCIAL HELP TOWARDS THE COST OF A HOLIDAY

Applications for financial help should be made direct to the guest’s local Social Services Department (SSD) before applying to any other agent. This would be on the basis that the holiday constitutes a form of respite care or a short-term break.

Section 47 of the NHS and Community Care Act deals with the right to have the need for services assessed. Among the services included are: holiday provision, and help with, or the provision of transport to, such facilities. You should also point out that the guest is a “disabled person” with a right to be assessed under Section 4 of the 1986 Disabled Persons Act; and that holidays are one of the limited range of services listed in Section 2 [2(1)(f)] of the 1970 Chronically Sick and Disabled Persons Act. If the assessment shows the need for a holiday, then the Local Authority (LA) has to assist in meeting this need.

Unfortunately, the fact that you feel a holiday is essential does not guarantee that the LA will take the same view. But you should contact your guest’s Social Worker, Health Visitor, etc. immediately, if you wish to apply for funding towards the cost of your guest’s fees.

If your guest gets income support (or should be getting it but hasn’t claimed yet), it may be possible to get financial help under the heading of “Short Term Break” Services (Local Authorities Carers Strategy Funding). This means that the cost of living away from home for a holiday is treated as the cost of living away from home in residential care. Since a holiday week is a Short Term Break, this is wholly logical.

Under the present rules, existing benefits will be topped up for the successful claimant by the income support residential allowance. This will probably still leave a shortfall, which the LA can be asked to make good with the help of money transferred from Social Security to help fund both Short Term Break and long-term care.

Talk to a Social Worker about the LA contribution and to a Welfare Rights Worker or the Benefits Agency (BA) about income support for a Short Term Break/respite care. It is important to make it clear that you are talking about a holiday as a form of Short Term Break/respite care.

The BA will not be interested in funding holidays as such; and the LA does not have the same obligations in relation to Short Term Breaks/respite care that it has in relation to holidays.

The Children Act 1989 contains a parallel statutory scheme for community care for children, which it defines as any person not yet 18 years of age. The Children Act 1989 places upon the LA a duty to provide services for disabled children designed to minimise the effects of their disability and give them (and their families) the opportunity to lead lives as normal as possible. Help with funding for respite care is, however, discretionary.

Under the Carers Act where someone is providing a substantial amount of care to someone on a regular basis, they have the right to ask the LA to also assess their needs in their own right.

Help from other Organisations

It may be possible for you to obtain a grant from local disability organisations e.g., local Mencap Societies, Rotary Clubs, Round Table and Lions Associations. Your local library may have a number of useful resources for you to refer to, including the Charities Digest, which lists making bodies under various subject headings.

There are also funds related to where people live, their past or present occupations or professions, Trade Union membership or service in the Armed Forces. Please make enquiries through your Social Worker, Health Visitor or local Citizens Advice Bureau.

The organisations listed below can be approached for financial help towards the cost of a holiday, providing certain criteria are met. This list does not constitute any form of recommendation.

Adcare Holiday Fund

Administered from Mencap National Centre. Makes grants for or towards the cost of a holiday for individuals (not groups of people) with learning disabilities. Further details of its work can be obtained from the Administrator.

The Holiday Fund Administrator Tel: 020 7454 0454
The Membership Office Fax: 020 7696 5548
Mencap National Centre Email: holidayfund@mencap.org.uk
123 Golden Lane London, EC1Y 0RT

ASBAH - Association for Spina Bifida & Hydrocephalus

Provides services to people with Spina Bifida and/or hydrocephalus and their carers. Aims to keep service users’ knowledge up to date, extend their choices and maximise their opportunities for independence. Directs people to
sources of help and can sometimes give direct financial support through grants for special items such as hospital visiting, equipment and holidays.

G Winfield, Information Officer  
ASBAH House  
42 Park Road  
Peterborough, PE1 2UQ  
email:postmaster@asbah.org

Camelot Foundation Grants Money  
Gives money to support groups of disabled people and other people who need extra support to make their lives easier. The funds come from the Camelot Group that runs the National Lottery but the Camelot Foundation is a separate organisation. The Camelot Foundation can only fund organisations that spend less than £100,000 in a year and have reserves of less than 1 year’s running costs. Applications can be made for UK holidays.

Susan Elizabeth  
Camelot Foundation  
Tel:020 78286085  
Fax:020 78286087  
University House  
email:selizabeth@camelfoundation.org.uk  
11-13 Lower Grosvenor Place  
London, SW1W 0EX

Children’s Head Injury Trust  
Set up in 1989 by a group of senior professionals at the Atkinson Morley’s Hospital who were aware of the need for knowledge in all areas regarding the effects of traumatic brain damage on the developing brain. Since then it has expanded its aims beyond the focus on research to include the general support of head injured children and their families. Administers a Hardship Fund funded by the National Lottery Charities Board. There are two types of grant available:

- Small grants up to £500 for such things as travel to visit a child or of the child to a consultant, holidays, small items of equipment, specialist assessments.

Grants are paid to a third party e.g. Social Services, NHS Fund or firm supplying a service, not paid directly to the family.

Chief Executive  
Tel: 01865 552467  
The Radcliffe Infirmary  
Fax: 01865 552467  
Woodstock Road  
email:info@cbituk.org  
Oxford OX2 6HE

Family Fund Trust (for families with severely disabled children)  
An independent organisation registered as a charity and funded entirely by the government. Purpose is to ease the stress on families who care for severely disabled children under 16, by providing grants and information related to the care of the child. Grants given include washing machines, bath equipment, leisure activities, driving lessons, bedroom, clothing and other items related to the care of the child. Further details of the disability and financial guidelines of the Trust are available from the Information Officer. Applications should be made in writing giving the child’s full name and date of birth, parent or carer’s name and address, brief details of the child’s disability and the kind of help requested.

Adam Heaton, Information Officer  
Tel:01904 621115  
PO BOX 50  
York, Y01 9ZX  
Fax:01904 652626  
Minicom:01904 658085  
email:info@familyfundtrust.org.uk  
Website:www.familyfundtrust.org.uk

Family Holiday Association  
Provides grants to enable families in need to have a holiday.

Sheila Field  
Tel: 020 7436 3304  
16 Mortimer Street  
London  
email:info@fhafound.org.uk  
WIT 3JL  
website:www.fhaonline.org.uk

Family Welfare Association  
LONDON RESIDENTS ONLY  
Holiday grants available for individuals of all ages Priority given to women with children.

Ms. M. Pound  
Tel:020 7254 6251  
501-505 Kingsland Road  
Dalston  
Fax:202 7249 5443  
email:fwa.headoffice@fwa.org.uk

London E8 4AU

Handicapped Aid Trust  
(Formerly the IDYP Holiday Fund) - gives financial help towards holiday costs for essential helpers for disabled people.

15 Church Road  
Lytham  
Lancashire, FY8 5LH

National Holiday Fund for Sick & Disabled Children  
Provides holidays for terminally ill & temporarily or permanently disabled children.

Maureen Dennis, Office Administrator  
Tel: 020 8595 9624  
Suite 1  
Princess House  
New Road  
Dagenham  
Essex, RM10 9LS

Margaret Champney Rest & Holiday Fund  
Awards grants to carers for holidays. Applications should come from a professional on the carer’s behalf. Children aged 8-18 years.

Tom Last, General Manager  
Tel: 01394 388746  
9 Burkitt Road  
Woodbridge  
email:ogilviecharities@btconnect.com  
Suffolk, IP12 4J

Pearsons Holiday Fund  
Provides financial grants to assist disadvantaged children aged 4-16 (inclusive) living in the UK to have holidays or take part in similar activities in the UK that take them out of their usual environment. Applications for grants must be submitted by third parties e.g. social workers, health visitors, doctors. Guidance notes for applications available.

Bryan Rogers (The General Secretary)  
Tel: 020 8657 3053  
PO BOX 3017  
South Croydon  
Surrey, CR2 9PN

Sickle Cell Society  
Provides information, advice and counselling, home and hospital visits, briefing, seminars and training, financial assistance, Educational Grants and holiday and recreational. All holidays are funded by the society. For children only.

Barbara Brewster, Information Officer  
Tel: 020 8961 7795  
54 Station Road  
Harlesden  
email:sicklecellsoc@btinternet.com  
London, NW10 4UA  
website:sicklecellsoc.org

St Vincent de Paul Society  
Provides as wide a service as possible to those in need. Funds can be made available for holidays for children and families in need of a break. (Ozanam Centre in North Wales).

Terry King, Administration Manager  
Tel: 020 7935 9126  
14 Blandford Street  
Fax: 020 7935 9136

Tact  
Provides services for people with learning disabilities, some of whom have challenging behaviour, in small group homes, individualised supported living for people in their own homes, day opportunities including supported employment, and a Holiday Respite Scheme for TACT service users and external agencies.  
For information on holidays, contact;
INFORMATION ABOUT HOLIDAYS

The following organisations provide information about holidays for disabled people. They are not holiday providers. These are private organisations and this list does not constitute any form of recommendation.

Access Travel
Provides information about holiday accommodation in Europe, the USA, including Florida, Spain, France, the Canaries, Majorca, Rhodes, the Algarve, Cyprus and Malta.

Access Travel (Lancs) Ltd.
Access Travel (Lancs) Ltd.
6 The Hillock
Astley
Manchester, M29 7GW
Tel: 01942 888844
Fax: 01942 891811
Email: info@access-travel.co.uk
Website: www.access-travel.co.uk

Cardiff Visitor Centre (Wales Tourist Board)
The Wales Tourist Board has produced a free booklet entitled 'Discovering Accessible Wales' which aims to give disabled visitors sufficiently detailed and reliable information to make their own holiday choices confidently. It includes not only places appropriate to people who are able to use a wheelchair independently but also for many other people with various levels of impaired mobility. The booklet covers attractions, accommodation and things to see and do throughout Wales.

Cardiff Visitor Centre (Wales Tourist Board)
St David's House East
16 Wood Street
Cardiff
CF10 1ES
Tel: 029 2022 7281
Fax: 029 2023 9162
Email: enquiries@cardifftic.co.uk
Website: www.cardiffmarketing.co.uk

Holiday Care
Provides information about all types of holidays for people with special needs, e.g. family holidays, group holidays, activity holidays and holidays for unaccompanied children and young adults. The service does not arrange or book holidays, but supplies the information to help enquirers get started.

D. Moore
2nd Floor, Imperial Building
Victoria Road
Horley
Surrey, RH6 7PZ
Tel: 01293 774535
Fax: 01293 774535
Minicom: 01293 776943
Email: holiday.care@virgin.net
Website: holidaycare.org.uk

Phab England
A national charity dedicated to integration of people with and without physical disabilities in the community.
- creates opportunities for people with and without physical disabilities to come together on equal terms.
- helps raise awareness of disability issues and breaks down barriers of embarrassment and prejudice.
- works to give disabled people greater independence and freedom.

Has a network of around 350 integrated junior, youth and adult clubs throughout England. Activities range from sailing and orienteering to theatre visits and quiz evenings. By meeting on equal terms, members appreciate and respect one another as individuals, irrespective of any differences or disabilities. Provides support and services to its affiliated clubs. Also organises integrated events and residential holidays for club members in many parts of the UK and abroad. Additionally, links and exchanges are made with similar groups in Europe and other countries including the U.S.

Philip Lockwood, Director of Operations
Summit House
Wandle Road
Croydon, CR10 1DF
Tel: 020 9667 9443
Fax:020 8681 1399
Email: info@phabengland.org.uk
Website: www.phabengland.org.uk

RADAR-Royal Association for Disability and Rehabilitation
A national organisation run by, and working for, physically disabled people. Information is available on holidays.

Jackie Sinclair
12 City Forum
250 City Road
London
EC1V 8AF
Tel: 020 7250 3222
Fax: 020 7250 0212
Minicom: 020 7250 4119
Email: radar@radar.org.uk
Website: www.radar.org.uk

Sense (Deaf Blind & Rubella Association)
The national voluntary organisation supporting and campaigning for people who are deafblind, their families, carers and professionals who work with them. People of all ages and with widely varying conditions use Sense’s specialist services. Founded as a parent’s self-help group in 1955, Sense is now the world’s largest organisation working with deafblind people. Sense runs holiday schemes during the summer for young deafblind people.

Colin Anderson
11-13 Clifton Terrace
Finsbury Park
London
N4 3SR
Tel: 020 7272 7774
Fax: 020 7272 6012
Minicom: 020 7272 9648
email: enquiries@sense.org.uk
website: www.sense.org.uk

Accessible Travel & Leisure
(Formerly Wright Way Ltd.) - a travel company which deals exclusively with holidays for disabled people and their companions. Provides tailor-made travel related services for destinations in the UK, including accommodation, transport, guided tours and itinerary planning.

Avionics House
Naas Lane
Qedgeley
Gloucestershire, GL2 4FN
Tel: 0870 2416127

Tripscope
Operates a telephone helpline providing free travel information for people who find travelling difficult due to illness or disability. Covers travel in the UK and abroad. Information is available on a wide range of issues including route planning and venue/public transport accessibility etc.

Alexandra House
Albany Road
Brentford
Middlesex, TW8 0NE
Tel: 020 8580 7021
Helpline/Advice: 08457 58 56 41
Fax: 020 8580 7022
Minicom: 08457 58 56 41
Email: tripscope@cableinet.co.uk
website: justmobility.co.uk/tripscope

HOLIDAY INSURANCE SERVICES

Bishopcourt’s AllClear Plus
Offers a specialist package for people with disabilities or existing medical conditions, and can cover medical or hospital expenses; aids and medication, as well as usual holiday cover.

Academy Place
1-9 Brook St
Brentwood
Essex, CM14 5NQ
Tel: 01277 2675840
Mon-Fri 8am-8pm; Sat 9am-4pm
Fax: 01277 267600
Website: www.allclear.co.uk

Fish Insurance
Offers innovative insurance packages tailored specifically for the needs of disabled or elderly people. This includes travel insurance for people with disabilities. Also provides cover on other things such as equipment, car insurance, vehicle adaptations, wheelchairs etc.

Debbie Glover
3-4 Riversway Business Village
Navigation Way
Ashton on Ribble
Preston
Lancashire, PR2 2YP
Tel: 01772 724442
Fax: 01772 733773

J&M Insurance Services (UK) plc
Offer travel insurance packages which are designed for the disabled traveller (Travelbility).

Leisurecare Insurance Services Ltd
Offers the Special Care policy, which is available to travellers up to the age of 59, for European travel only. It is suitable for physically disabled people and people with learning difficulties, as well as anyone with a long term illness (including cancer), or other medical disadvantage which excludes them from standard travel policies. (Insurance of wheelchairs is not included, this must be arranged separately). If a carer/personal assistant (insured with Leisurecare) is taken ill, the emergency service will arrange for a local nurse to assist the disabled person to accompany him/her on the way home.

Leisurecare Insurance Services Ltd
Century House
100 High Street
Cricklade
Wiltshire, SN6 6AA
Tel: 01793 750150
Fax: 01793 750661
**Mobility Information Service**
A unique information and assessment organisation covering all aspects of mobility problems connected with disability. Staffed by experts with many years' personal experience in disability problems. Offers a number of services and information on subjects including:
- Driver assessment - Driving after a stroke
- Vehicle adaptations - Information and data packs
- Powered wheelchairs - Insurance advice
- Pavement vehicles - Vehicle choice
- Disabled driver road test reports - Travel and ferry concessions

Jean Griffiths
National Mobility Centre
Tel: 01743 463072
Fax: 01743 463065
Email: mis@nmcuk.freeserve.co.uk
Website: www.qefd.org/CENTRES/mobilitycentres

**Queen Elizabeth's Foundation Mobility Centre**
(Formerly Banstead Mobility Centre) Part of the Queen Elizabeth's Foundation. Provides outdoor mobility information, demonstration, assessment and training for disabled and elderly people.
- Wheelchair Assessment - Transfer Assessment
- Driving School - Information Service
- Courses

Clients may be referred to the centre by their Doctor, Occupational Therapist, Social Worker etc. or they may refer themselves. Anyone may contact the centre by telephone or in writing for general information, but an appointment is necessary before a visit can be made. Information on fees may be obtained from the Mobility Centre. In some cases, the assessment fee, together with associated travel and accommodation costs, have been paid, wholly or in part by Social Services, Insurance Companies, Solicitors, Disability Groups, Motability etc.

Elaine Haynes, Centre Manager
Tel: 020 8770 1151
Fax: 020 8770 1211
Email: info@mobility-qe.org
Website: www.gefd.org/CENTRES/mobilitycentres

**Travelcare Ltd**
Offers travel insurance for people with learning disabilities

68 High Street
Chislehurst
BR7 5AG
Tel: 0800 181532
Fax: 020 8295 1345
Email: info@travelcare.co.uk
Website: www.travelcare.co.uk

**Queen Elizabeth's Foundation Mobility Centre**
Surrey, SM5 4NR
Carshalton
Website: www.qefd.org/CENTRES/mobilitycentres

**HOLIDAY LOCATIONS**
The organisations listed provide holidays for disabled people in specific locations mostly around the UK, a few go to Europe, and one to Israel. The Winged Fellowship Trust will organise overseas tours to various places for disabled people.

This list does not constitute any form of recommendation.

**Action for Blind People**
Offers a variety of services for visually impaired people. Holidays are available in two hotels in the UK which were specially designed for visually impaired people (Russell Hotel, Bognor Regis, Sussex; Tel: 01243 823572 and Lauriston Hotel, Weston-Super-Mare North West Somerset Tel:01934 620758) and in mainstream hotels in the Channel Islands.

Sandila Hanafi
14-16 Verney Road
Fax: 020 7732 8771
Email: info@evem@afbp.org
Website: www.afbp.org

**Altiplano**
Located at Carteros farm, 7km from the town of Heraklion and 500 m from the sea on the Greek island of Crete, Altiplano offer therapeutic holidays on horseback and the opportunity to participate in a range of farm activities. Holidays are designed specifically for people with learning and physical disabilities.

Altiplano
Fax: 003010-3603136
Email: altiplano@otenet.gr
Website: www.altiplano.gr

**Badaguish Outdoor Centre**
A holiday centre providing a variety of fully serviced and equipped log cabin and summer camp accommodation that is available in many combinations to suit organised groups, clubs, schools and youth organisations. Committed to Access for All. A wide choice of outdoor educational activities to suit all levels of ability. Also a respite care activity holiday programme (24 hour care). Applications are welcomed from all ages and abilities. Accommodation can be on a self-catering basis, full board or half board in a variety of buildings (lodges, log cabins, cottages or under canvas) and all buildings are wheelchair accessible. Toilets and shower rooms are all adapted for wheelchair use.

Dylias Stretton
Tel: 01479 861285
Fax: 01479 861286
Email: info@badaguish.org

**Break**
A registered charity specialising in holidays for children and adults with learning disabilities, either individually or in groups, with or without accompanying parents/staff. Runs two holiday and short-stay residential care centres in Norfolk.

Jean Griffiths
National Mobility Centre
Tel: 01743 463072
Fax: 01743 463065
Email: mis@nmcuk.freeserve.co.uk
Website: www.qefd.org/CENTRES/mobilitycentres

**Channel Islands.**

Sandra Hanafi
14-16 Verney Road
Fax: 020 7732 8771
Email: info@evem@afbp.org
Website: www.afbp.org

**Altiplano**

Located at Carteros farm, 7km from the town of Heraklion and 500 m from the sea on the Greek island of Crete, Altiplano offer therapeutic holidays on horseback and the opportunity to participate in a range of farm activities. Holidays are designed specifically for people with learning and physical disabilities.

Altiplano
Fax: 003010-3603136
Email: altiplano@otenet.gr
Website: www.altiplano.gr

**Badaguish Outdoor Centre**
A holiday centre providing a variety of fully serviced and equipped log cabin and summer camp accommodation that is available in many combinations to suit organised groups, clubs, schools and youth organisations. Committed to Access for All. A wide choice of outdoor educational activities to suit all levels of ability. Also a respite care activity holiday programme (24 hour care). Applications are welcomed from all ages and abilities. Accommodation can be on a self-catering basis, full board or half board in a variety of buildings (lodges, log cabins, cottages or under canvas) and all buildings are wheelchair accessible. Toilets and shower rooms are all adapted for wheelchair use.

Dylias Stretton
Tel: 01479 861285
Fax: 01479 861286
Email: info@badaguish.org

**Break**
A registered charity specialising in holidays for children and adults with learning disabilities, either individually or in groups, with or without accompanying parents/staff. Runs two holiday and short-stay residential care centres in Norfolk.
Cruising on the Kennet and Avon canal for disadvantaged, disabled or elderly people.

Bruce Trust

Cruising on the Kennet and Avon canal for disadvantaged, disabled or elderly people.

Calvert Trust - Kielder

Self catering and full board holidays and short breaks for people of all abilities. Designed for holiday makers with special needs, the Calvert Trust complex on the shores of Europe's biggest man-made lake offers a choice of holidays with a wide selection of courses and activities run by highly trained and qualified staff who are always close at hand to ensure safety and enjoyment.

Activities include:
- sailing and cruisings
- abseiling
- climbing
- kayaking
- archery
- canoeing
- swimming
- nature trail
- riding and pony driving
- hand cranked bike
- aromatherapy

Rachel Cowper, Sales Co-ordinator
Tel: 01434 250232
Kielder Water
Fax: 01434 250015
Hexham
Northumberland, NE48 1BS
website: www.calvert-trust.org.uk

Calvert Trust - Exmoor

All on site activities are included in the holiday price and fully qualified, widely experienced instructors are available to cater for all levels of ability. A choice of self-catering or fully catered accommodation is available.

Activities include:
- canoeing
- orienteering
- sailing-coast walks
- climbing
cart rides
- horse riding
- kayaking
- swimming (indoor pool)
- archery
- abseiling
- bird watching

Wistlandpound
Tel: 01598 763221
Kentsbury
Fax: 01598 763221
North Devon, EX31 4SJ
Minicom: 01598 763221

Calvert Trust - Keswick

Offers outdoor challenge and adventure for people with disabilities, including holidays, education, rehabilitation and personal development courses. Also registered for respite care for children 18+ with Cumbria Social Services.

Accommodation is in a converted farmstead. All buildings converted to meet the needs of people with disabilities and there is wheelchair access to all public rooms. A range of domestic aids are available including bath and mobile hoists.

Facilities include:
- bedrooms with ensuite facilities
- TV/Video room
- large games room
- own riding centre and activities staff
- indoor heated hydrotherapy/swimming pool
- quiet room/library
- large indoor sports hall with indoor climbing wall

Sporting activities include:
- Fully accessible boathouse, jetty and water activities including Canoeing and Kayaking. Sailing craft range from high speed single handed “Challengers”, specially designed for people with a disability, to larger boats, ideal for group work.
- Climbing, abseiling in wheelchairs, hillwalking, orienteering and nature trails.
- Horse riding and driving in wheelchair accessible traps.
- Paragliding and Quad Bikes - flying on a tandem araglider accompanied by a qualified pilot. Quad Bikes can provide access to mountains that would otherwise be inaccessible.
- Mountain biking is possible by combining specially designed 4 wheeled bikes & handcycles.

John Crobsie, Centre Director
Tel: 01768 772254
Little Crosthwaite
Under Skiddaw
Keswick
Cumbria, CA12 4QD
email: jcrobsie@brucetrust.org
website: www.brucetrust.org

Sarah Holmes
Tel: 01263 822161
1 Montague Rd
Sheringham
Norfolk, NR26 8LN
Fax: 01263 825560

Chrysalis Holidays

Provides themed holidays for adults. These vary from adventure camps to music and art weeks, farm or Christmas holidays. Has a property on Anglesey that is equipped for people with moderate disabilities. For those with severe disabilities, the company uses other locations especially adapted for one to one care.

13 Winwick Lane
Lowton
Warrington, WA3 1LR
Tel: 01942 671581
email: bct@brewhaha.demon.co.uk

Churchtown

Provides outdoor adventure holidays and courses in personal development through environmentally inspired adventure to disabled people of all ages.

David Owens, Director
Tel: 01208 872148
Churchtown Centre, Outdoor Adventure
Fax: 01208 873377
Lanlivery
email: churchtown@saqnet.co.uk

Disabled Christian Fellowship

Produces a regular newsletter and runs holidays for disabled people.

Jenny Edwards, Development Officer
Tel: 01372 737046
Global House
Helpline/Advice: 0845 458 4944
Ashley Avenue
Epsom, KT18 5QT
website: www.dcfa.org.uk

Domaine la Hamberie

Located in the fertile farmland of the lower Calvados region of Normandy, this farmhouse offers 3 self-catering gites and four bed and breakfast rooms in the main farmhouse. Between them, the gîtes can cater for parties of 2 to 25 people. Also offers a swimming pool and private gardens. A book and toy library and washing machine are available and the farmstead has been totally renovated with accessibility in mind with accommodation for 8 to 12 people.

Domaine la Hamberie
Tel: 01706 845041
The End Woodend
Fax: 01706 854041
Shaw
Oldham
Minicom: 01629 733319
OL2 7UR
website: www.chrysalis.org
or: www.holiday-rentals.co.uk

To view the property on the internet go to: http://inter-pages.com select “France” and go to advert Ref No. PLT457 and PTL31

Dukes Barn

Provides adventure education opportunities for all, regardless of age or ability. Offers specialist provision for deaf and disabled people. Staff endeavour to provide a comfortable environment where people feel confident to meet new challenges. Residential and/or day courses available. Courses include a range of outdoor adventure activities delivered by experienced qualified staff to meet the needs of each group. Registered with the Adventure Activities Licensing Authority (01222 75515) as licensed to provide specified activities under the following headings: caving, climbing, trekking and watersports.

School Lane
Tel: 01629 733039
Beeley
Derbyshire, DE4 2NU
Fax: 01629 733319
Minicom: 01629 733319
e-mail: don@dukesbarn.force9.co.uk

Fair Holiday Help for People with Learning Disabilities

Provides lists of holiday locations and providers. Also lists providers of specialist holidays, group holidays and financial information.

Holiday Help Booklet costs £1.75

Family Advice and Information Resource
Tel: 0131 662 9486
25/27 West Nicholson Street
Edinburgh, EH8 9DB
Fax: 0131 662 9486
email: fair@fairadvice.btcconnect.com

12
Gables Multi Activity Holiday Centre
A family run service provider, providing services in a multi disability field. Aims to provide a holiday and respite opportunity where each individual is given a choice in the activities they wish to do. With in-house outdoor activity instructors they offer the following activities: disabled water skiing; horseriding; sailing; swimming; art and crafts; surfing; walking; fishing. All activities and transport included in the price.

Mr J Nicholls, Proprietor
Choice Care Services
The Gables
Newquay Road
Goonhavern
Cornwall, TR4 9DQ

Glamorgan Organisation Hotel
A charitable organisation providing a quality holiday with personal care for those people who are elderly and/or disabled. A 24 hour care service is provided which begins prior to arrival. The Hotel is situated on the sea front at Porthcawl and is set in its own grounds.

Mr G Jenkins, General Manager
The Square
Porthcawl
Bridgend, CF36 3BW

Grooms Holidays
Offer wheelchair friendly holidays at hotels and self catering properties that operate on a non-profit making basis.
Self-catering accommodation available in the Lake District, Essex, Dorset, Lincolnshire, New Forest, Glos, Bognor Regis Calvert Trust, Keswick. Full details of all accommodation available from either:

50 Scrutton Street
London
EC2A 4XQ
Or:
PO BOX 36
Cowbridge
Vale of Glamorgan, CF71 7GB

Harbourside Hotel
Recently refurbished to a very high standard and is in compliance with the Disability Discrimination Act. The hotel's many features include:
• Purpose built facilities for semi-ambulant and ambulant guests.
• Lifts to all principal floors.
• Fully adapted bathing facilities.

Harriet Davis Seaside Holiday Trust for Disabled Children
Has two self-catering holiday homes in Tenby which are fully equipped and adapted for use by families with disabled children.

John Davis, Trustee
1 Bryncelyn Way
Llangynidr
Crickhowell
Powys, NP8 1LY

Hotel Cimon
A small family run hotel providing a variety of holiday breaks and leisure activities for people with learning disabilities. All rooms have colour TV, tea/coffee facilities and en suite bathrooms. Typical cost is from £195 per person, inclusive of B & B and evening meal, coach transport to and from the Hotel, excursions and entertainment, for parties of 30 and over. Contact organisation for quote for packages for smaller parties.

Brian English, Proprietor
82 Abbey Road
Torquay
Devon, TQ2 5NP

HYP Holidays
Owns three chalets which are adapted for wheelchair users; one at Caister, Norfolk, two at Camber Sands, East Sussex. Each unit sleeps six. Prices include Club membership which allows use of chalet park leisure facilities.

4 Hazel Gardens
Woodside
Grays, Essex, RM16 2GA

Kensington Foundation Charitable Trust
The Daisy Chain Project provides free accommodation in a purpose built block of 10, 2 bedroom apartments. All apartments have a leisure area with T.V and video, a dining room, fully fitted kitchen, 1 double bedroom with room for a cot, and a single room with either beds or bunkbeds. Week-long holidays run from Monday to Sunday.

Kensington House
2 Langdale Road
Blackpool, Lancashire, FY4 4RT

Kingfisher Barn
Located in Abingdon, Oxfordshire. All accommodation is wheelchair friendly, with emergency call systems and tracking for hoists in all bedrooms. People with multiple disabilities welcome. Changing rooms fitted with ceiling hoists and the swimming pool has a hydraulic chair. All staff are experienced and a senior staff member is always on call while your group is on the site.

Kingfisher Barn Ltd
Rye Farm
Abingdon OX14 3NN
mail: info@kingfisherbarn.com
website: www.kingfisherbarn.com

Les Grande Mottes
Monastery complex being developed to provide a base for disabled young people and adults for family type holidays in a relaxed atmosphere. La Chapelle St Laurent (southern France).

Helen Grinder
17 Gledhow Ave
Roundhay
Leeds, LS8 1NU

Low Mill
Located in Askrigg in the Yorkshire Dales National Park. Offers a wide range of outdoor and indoor activities for all ages and abilities. Staff are used to dealing with special needs groups of all kinds and there is wheelchair access to all facilities and special dormitory provision. Most holidays are for groups of young people but can also cater for adult groups and family groups (including single parent families). The centre has 3 minibus for use by groups, one adapted for wheelchair users.

Outdoor activities include: Abseiling Canoeing Archery Caving Orienteering

Indoor activities include: stage with wheelchair access table tennis pool table educational resource room sound system darts

Askrigg
Leyburn
North Yorkshire, DL8 3HZ
email: lowmill@gofree.co.uk

Maison des Landes Hotel, Jersey
A charitable trust, funded by the Lions Club of Jersey, specifically designed for disabled visitors. Excursions and transportation are available.

St Ouen
Jersey
Tel: 01534 481683
Fax: 01534 485327
email: maisonlandes@localdial.com

Nancy Oldfield Trust (Activities for Disabled)
Offers water and land based activities for mentally and physically disabled people of all ages on a residential or day visitor basis. Owns 10 sailing craft. The Centre, a bungalow set in one and a half acres, has a wet dock giving
access to Barton Broad and the Norfolk Broads beyond, has a large sitting/lecture room, a disabled friendly kitchen, four bedrooms and three toilet/shower rooms. Wheelchair access throughout.

Robin Slatter  
Tel: 01692 630572  
Instead Road  
Norwich, NR1 8BJ

**Options Holiday Club**  
Organises a wide range of holidays, including canal boats, hotels and self-catering cottages. Locations include the UK, Florida, Europe and Africa. Respond to requests and float ideas in their brochure. Provides minimal care but higher levels of care can be provided at extra cost.

Michael Warren  
Tel: 0700 790348  
Greyhound Farmhouse  
Barnsley  
Cirencester  
Gloucestershire, GL7 5EF.

**Pettis Pool Outdoor Centre**  
An outdoor centre dedicated to providing holidays of a lifetime to young people with disabilities. Accommodation is in log chalets and meals can be taken in the Benjamin Lodge that comprises a restaurant, lounge and indoor activities. All buildings are wheelchair accessible. Activities include canoeing, abseiling, orienteering, horseriding, kayaking, team building.

Shiela Jones, Outdoor Centre Manager  
Tel: 01606 889097  
Pool Lane  
Sandway  
Cheshire, CW8 2DR

**Quay Quest Residential/Respite Centre**  
Situated on the outskirts of the secluded but very accessible village of Llansannan. Local amenities include 2 friendly Inns, shop, post office and cafe. Popular tourist attractions close by include: Welsh Mountain Zoo, Rhyl Sun Centre, Snowdonia Mountain Railway, Llandudno, Boddwyddan Castle, Conway Castle, Lake Bala etc.

Tom and Val Stratford, Proprietors  
Tel: 01745 870288  
The Old School  
e-mail: quayquest@beeb.net  
Llansannan  
Denbigh, LL16 5HF

**Rocklands Care Holidays**  
Offer holidays and respite care for people with moderate learning disabilities. Packed full of experiences, the holidays are designed to boost self esteem and foster pride in achievement. All holidays include full board and transport at cost from anywhere in the UK.

Maurice Jordan  
Tel: 01492 543590  
Monkswear Hotel  
Colwyn Avenue  
Rhos-on-Sea  
Colwyn Bay, LL28 4NN

**Scout Holiday Homes Trust**  
Provides self-catering holiday accommodation for families who have members with special needs, including learning disabilities, physical disabilities, stress conditions etc. 15 units on 11 commercial sites around England and Wales. No scouting connections are necessary.

Lynda Peters, Administrator  
Tel: 020 8433 7100  
Gillwell Park  
Chingford  
London, E4 7QW

**Special Families Home Swap Register**  
A non-profit making scheme set up by Charmian Evans in 1997 because of the difficulties she experienced when trying to go on holiday with a disabled child. Members subscribe annually to the register and receive a quarterly brochure listing homes owned by similarly disabled people. They are then free to make contact with each other and swap their properties as often as they like - on either a home exchange or come and stay basis. There are currently around 50 members, with homes in the UK, Ireland, the Netherlands, Australia and Canada.

**Supporting 24-7**  
Specialises in supporting groups of people who have special needs. Develops holidays and day trips for small groups of individuals and can fully support them whilst on activities. If you like to plan your own day trips or holidays, staff and a minibus can be supplied.

Holidays for 2002 include:  
Winter holiday to Spain in Jan  
Visit to Alps in Feb  
Trip to France in March

56 Borough Rd  
Tel: 0161 9417121  
Altrincham  
Fax: 0161 928 8298  
Cheshire, WA15 9RA

**Torrevieja Holiday Apartment**  
Situated in a privately owned complex 1.5 miles from Torrevieja town centre, 28 miles south of Alicante on the Costa Brava, Spain, sleeps up to 4. Golden Lane Housing is a housing service for people with learning disabilities, working in partnership with Mencap.

Tina Aldrict  
Tel: 01772 711141  
Golden Lane Housing  
Preston Business Centre  
Walting Street Road  
Preston, PR2 8DY

**Trevanion House**  
Provides holidays for adults with learning disabilities. Situated in Wadebridge, north Cornwall, they place particular emphasis on enabling visitors to make their own choices about holiday activities, and provide practical support - staff and minibuses etc.

Christine & Michael Todd, Proprietors  
Tel: 01208 814903  
Trevanion Road  
Wadebridge  
Website: www.trevanion.co.uk  
Cornwall, PL27 7PA

**Tehidy Holiday Park** (Category 2 - English Tourist Board)  
Situated in the historic tin mining area of Cornwall and near to many good beaches. Two of the bungalows, Badger and Miner, have been adapted for people with disabilities.

Richard and Jennifer Corbett  
Tel: 01209 216489/314558  
Harris Mill  
Illogan, Redruth  
Cornwall TR16 4JQ

**Trailblazers Wales**  
Club offering membership to disabled children between 9/14 years throughout Wales. Members have the opportunity to participate in a variety of activities that might otherwise be inaccessible. Membership offered to children who find it difficult to be included in out of school activities for a variety of reasons including physical, emotional, sensory and perceptual difficulties. Offers a range of activities including sport, leisure, recreation, arts and crafts, drama, hobbies and new untried experiences of their choice which are not always readily available to children with disabilities. A large proportion of the funding for the three year project has been donated by Children in Need, the Wales Region of the Spastics Society and other various agencies. In the future it is hoped Trail Blazers can work in partnership with Local Authorities and they will sponsor places but parents will be required to contribute a small amount.

Neil Taylor, Development Officer  
Tel: 02920 461703  
Trailblazers  
Scope  
The Wharf, Scooner Way  
Cardiff, CF10 4EU
Accessible Travel and Leisure
(Formerly Wright Way Ltd) - a travel company which deals exclusively with holidays for disabled people and their companions. Provides tailor-made travel related services for destinations in the UK, including accommodation, transport, guided tours and itinerary planning.
Avionics House
Tel: 0870 2416127
Naas Lane
Queedgeley
Gloucestershire, GL2 EFN

Trefoil House Holiday Centre
Large, sensitively adapted mansion in extensive grounds six miles from the centre of Edinburgh.
The Manager
Tel: 0131 339 3148
Trefoil House
Fax: 0131 317 7271
Naas Lane
Quedegely
Gloucestershire, GL2 EFN

Ty Glyn Davis Trust Holiday Centre
A purpose built self catering centre for children and young people with disabilities, located just outside Aberaeron in West Wales.
Rosie de Bree, Centre Organiser
Tel: 01545 571604
Bailiff's House
e-mail: tyglyndavistrust@care4free.net
Llanerchaeron, Ciliau Aeron
Lampeter
Ceredigion, SA48 8DG

Winged Fellowship Trust
Aims to provide planned breaks for carers and holidays for people with a physical disability. Has five purpose-built centres in the UK where guests can enjoy a break with or without their regular carer. Daily events are organised at each of the centres, including trips to places of interest or shopping, swimming in the centre's indoor heated pool and evening entertainment. Special theme weeks are also organised, including drama, fishing, crafts and music. As well as holidays in the UK, the Trust also organises trips world-wide.
Patrick Wallace, Chief Executive
Tel: 020 7833 2594
Angel House
Fax: 020 7278 0370
20-32 Pentonville Road
e-mail: admin@wft.org.uk
London, N1 9XD

ACTIVITY HOLIDAYS
This is a list of private organisations that provide holidays for people with disabilities and should not be taken as a recommendation.
The following organisations are those that provide activity holidays of many different varieties, for people with both learning and physical disabilities.

Badaguish Outdoor Centre
A holiday centre, providing a variety of fully serviced and equipped log cabin and summer camp accommodation which is available in many combinations to suit organised groups, clubs, schools and youth organisations. Badaguish is committed to Access For All. Wide choice of outdoor educational activities to suit all levels of ability. Also a respite care activity holiday programme (24 hour care). Applications are welcomed from all ages and abilities.
Penny Lawson/Dylis Stretton
Tel: 01479 861285
Office Manager
Fax: 01479 861258
Aviemore
Invernesshire, PH22 1QO

Barrington Farm Holidays
Welcomes guests with learning disabilities. Offers full-board and self catering holidays in converted flint farm buildings, forming a courtyard of seven cottages. Each cottage has ground and first floor bedrooms, large shower room with access for the disabled. It has an organic farm and guests are welcome to help on the farm. There is also an art studio which is staffed by artists who will help guests with painting, pottery and weaving.
Barrington Farm
Tel: 01692 650707/650330
Walcott
Norwich
Norfolk, NR12 OPF

Bendrigg Trust
Caters for a wide range of groups and welcome all ages, from young people of primary school age to adults and these groups include:
- colleges and schools
- disabled individuals on 'open' courses
- leaders and teachers on special courses
- local and national voluntary societies
- people with all levels of learning disabilities
- PHAB clubs
- people who are mentally ill
- people with a physical or sensory disability etc
All programmes are individually designed after consultation with the course tutor and may involve some of the following activities:
- canoeing in kayaks or open Canadian craft
- hill or mountain walks
- visits to the Lake District and Yorkshire Dales
- camping
- caving - all standards including visits to 'show caves'
- dinghy sailing
- adventure courses and aerial
- runway
- rock climbing and abseiling ropes
- orienteering and treasure hunts
- indoor games, projects and craft
- archery
Trevor Clarke, The Principal
Tel: 01539 723766
Bendrigg Lodge
Fax: 01539 722446
Old Hutton
e-mail: bendrigg@msn.com
Kendal
website: www.bendrigg.org.uk
Cumbria, LA8 ONR

Offer people a holiday of their choice. Aims to promote leisure activities to suit individual preferences. All activities are flexible and can be adapted to satisfy needs and tastes. Breakaway do their best to fulfil clients requests. Participants are treated with care and understanding, allowing everyone the opportunity to experience a stimulating and enjoyable holiday. Venues vary from Jersey, to Blackpool to the Algarve in Portugal.
Mary Scurr
34 Victoria Avenue
Harrogate, HG1 5PR
Tel: 01423 529153
e-mail: ba2@atherstone.com
website: www.yorkshire.co.uk/aps

Bruce Wake Charitable Trust
Operates two narrowboats, Charlotte and Alice, specially equipped for disabled passengers. Both are berthed at Upton Marina on the River Severn. Facilities include hydraulic lifts, ceiling hoists, showers with shower wheelchairs, low level windows, wide access ramps, wheelchair access throughout, fingertip control panel, telephone and radio cassette. Hire charges include diesel fuel, calor gas for cooking and heating, and instruction from qualified skipper on the first day of hire.

Ayston  
Tel: 01572 822183
Oakham  
Fax: 01572 822183
Rutland, LE15 9AE  
e-mail: wake@webleicester.co.uk

Calvert Trust – Exmoor  
On site activities are included in the holiday price and fully qualified, widely experienced instructors are able to cater for all levels of ability. Activities include:  
- Canoeing  
- Horseriding  
- Sailing  
- Climbing  
- Swimming (indoor pool)  
- Abseiling  
- Orienteering  
- Coast Walks  
- Cart Rides  
- Kayaking  
- Archery  
- Birdwatching  
A choice of self catering accommodation or full catered accommodation is available.

Weslandpound  
Tel 01598 763221
Kentsbury  
Fax 01598 763400
North Devon, EX31 4SJ  
Minicom 01598 763221

Calvert Trust – Kielder  
Offers self catering and full board holidays and short breaks for people of all abilities. Designed for holidaymakers with special needs, the complex on the shores of Europe’s biggest man-made lake offers a choice of holidays with a wide selection of courses and activities run by highly trained and qualified staff who are always close at hand to ensure safety and enjoyment. Activities include:  
- Sailing and cruising  
- Climbing  
- Riding and Ponydriving  
- Archery  
- Canoeing  
- Abseiling  
- Kayaking  
- Swimming  
- Nature Trail-Hand-cranked bike  
- Aromatherapy (at a slight additional charge)

Rachel Cowper  
Tel 01434 250232
Kielder Water  
Fax 01434 250015
Hexham  
Website www.calvert-trust.org.uk
Northermland, NE48 1BS

Camping and Caravanning Club  
Operates a number of sites within the UK, many of which have adapted facilities for people with physical disabilities.

Sites Department  
Tel 024 7669 4995
Greenfields House  
Fax 024 7669 4886
Westwood Way  
website www.campingandcaravanningclub.co.uk
Coventry, CV4 8JH

Chrysalis Holidays  
Have a property on Anglesey that is equipped for people with moderate disabilities. For those with severe disabilities the company uses other locations especially adapted for one to one care. Provides themed holidays for adults. These vary from adventure camps to music and art weeks, farm or Christmas holidays.

13 Winwick Lane,  
Tel: 01942 671 581  
e-mail: bill@epiphany.org.uk
Lowton  
Warrington, WA3 1LR

Churchtown  
Provides outdoor adventure holidays and courses in personal development through environmentally inspired adventure to disabled people of all ages

David Owens Lanlivery  
Tel 01208 872148
Bodmin  
Fax 01208 873377  
e-mail: churchtown@sagnet.co.uk
Cornwall PL30 5BT

Dukes Barn  
Provides adventure education opportunities for all, regardless of age or ability. Offers specialist provision for deaf and disabled people. Staff endeavour to provide a comfortable environment where people feel confident to meet new challenges. Residential and/or day courses available, including a range of outdoor adventure activities delivered by experienced qualified staff to meet the needs of each group. Registered with the Adventure Activities Licensing Authority (01222 75515) as licensed to provide specified activities under the following headings: caving, climbing, trekking and watersports.

School Lane  
Tel 01629 733039
Beeley  
Fax 01629 733119
Derbyshire DE4 2NU  
e-mail: don@dukesbarn.force9.co.uk

Gables Multi Activity Holiday Centre  
A family run service provider, providing services in a multi disability field. Aims to provide a holiday and respite opportunity where each individual is given a choice in the activities they wish to do. With in-house outdoor activity instructors they offer the following activities: disabled water skiing; horseriding; sailing; swimming; art and crafts; surfing; walking; fishing. All activities and transport included in the price.

Mr J Nicholls  
Tel: 01872 571030 or 573043  
e-mail: choicecareservices@yahoo.com
The Gables  
Newquay Road  
Goonhavern  
Cornwall TR4 9QD

Hindleap Warren  
Has been providing outdoor activity holidays for children with special needs for twenty years and is the venue for the Aventure holidays. The Centre is nationally recognised as a skilled and experienced provider for young people of all abilities. Abseiling, canoeing, archery and obstacle courses are some of the most popular activities that make up activity programmes; the emphasis is on having fun but also providing children with experiences that are not normally available to them and have an educational benefit.

David Nottridge  
Tel 01342 822 625
Bernard Sunley Outdoor Education Centre  
Fax 01342 822 913
Hindleap Warren  
Wych Cross  
Forest Row  
Sussex, RH18 5JS

Kingfisher Barn  
A renovated 17th century barn with converted stable buildings offering fun and exciting opportunities for people of all abilities. Activities include music, dance, swimming, country walks, aromatherapy, drama, pottery and horseriding. Bedrooms have been carefully converted into spacious holiday accommodation, comprising ten bedrooms with en suite bathrooms and are fully accessible and equipped for disabled visitors; including automatic lighting, support rails, emergency call system and a hearing induction loop in the main barn. Also available are three self catering cottages, fully equipped for disabled visitors.

Jonathan Teshola / Liz Beaumont  
Tel 01235 527590
Rye Farm  
Fax 01235 537538
Abergond website www.kingfisherbarn.com
Goonhavern  
e-mail: info@kingfisherbarn.co.uk
Oxon OX14 3NN

Low Mill  
Located in Askrigg in the Yorkshire Dales National Park. Offers a wide range of outdoor and indoor activities for all ages and abilities. Staff are used to dealing with special needs groups of all kinds and there is wheelchair access to all facilities and special dormitory provision. Most holidays are offered for groups of young people but they can also cater for adult groups and family groups (including single parent families). The centre has 3 minibuses for use by groups, one adapted for wheelchair users. Outdoor activities include:

- Abseiling  
- Climbing  
- Mountain Biking  
- Archery  
- Caving  
- Orienteering  
- Canoeing
Indoor activities include:
- Stage with wheelchair access
- Table Tennis
- Pool Table
- Educational Resource room
- Sound System
- Darts

Askrigg Tel: 01969 650432
Leyburn Fax: 01969 650729
North Yorkshire, DL8 3HZ e-mail: lowmill@gofree.co.uk

Rona Trust (London Sailing Project)
Three modern purpose-built sail training yachts. During April to October each year provides the opportunity to experience a sail training voyage to men aged 14-25 who could not otherwise afford to do so. Also runs mixed individual voyages for the visually impaired, deaf and young people with learning disabilities as well as for schools with pupils with other special needs.

Universal Shipyard Crableck Lane
Saratburry Green e-mail: office@ronatrust.com
Southampton, S031 7ZN website www.ronatrust.com

Nancy Oldfield Trust (Activities for Disabled)
Offers water and land based activities for mentally and physically disabled people of all ages on a residential or day visitor basis. Owns 10 sailing craft. The Centre, a bungalow set in one and a half acres, has a wet dock giving access to Barton Broad and the Norfolk Broads beyond, has a large sitting/lecture room, a disabled friendly kitchen, four bedrooms and three toilet/shower rooms. Wheelchair access throughout.

Mr R B Kenyon, Warden
Instead the Road
Neatishead
Norwich, NR12 8BJ

Options Holiday Club
Organises a wide range of holidays, including canal boats, hotels, self-catering cottages. Locations include the UK, Florida, Europe and Africa. They respond to requests and float ideas in their brochure. Provides minimal care but higher levels of care can be provided at extra cost.

Michael Warren Tel: 0700 0790348.
Greyhound Farmhouse Tel: 01285 740434
Barnsley email: opthols@hotmail.com
Cirencester website www.optionsholidays.co.uk
Gloucestershire, GL7 5EF

Petty Pool Outdoor Centre
An outdoor centre dedicated to providing holidays of a lifetime to young people with disabilities. Accommodation is in log chalets and meals can be taken in the Benjamin Lodge which comprises a restaurant, lounge and indoor activities. All buildings are wheelchair accessible. Activities include canoeing, abseiling, orienteering, horsediving, kayaking, team building.

Steve Manning Tel 01606 889097
Pool Lane Fax 01606 882773
Sandway
Cheshire, CW8 2DR

Peter Le Marchant Trust
Owns four boats, two of which are used for providing free day outings and holidays on waterways to people of all disabilities and the seriously ill, of all ages.
Day outings £5 Short 4 day holiday £25

Mrs S Stratton Tel 01509 265590
Canalside Moorings, Beeches Road
Loughborough
Leicestershire, LE11 2NS

Red Ridge Outdoor Centre
Offers outdoor pursuits to persons with learning difficulties and much of their work is with special schools, day centres and college special needs departments. Open for holidays and breaks all year and these may be for any duration. Also organise a few weeks during the summer specifically for individuals with moderate learning difficulties to enjoy unaccompanied holidays. Activities include: climbing and abseiling, caving, Canadian canoeing, kayaking and raft building, archery, assault course, zip wire, go-karts, hill walking. Many activities are suitable, or can be adapted, for wheelchair users.

Pete Jones Tel 01938 810821
Celn Coch
Welspool
Powys, SY21 OAZ

Riding for the Disabled Association
Aims to provide the opportunity for riding and carriage driving to disabled people who might benefit in their general health and wellbeing. Runs national and local holidays for disabled adults and children throughout the summer months. These provide riders and drivers with a wide choice of possibilities from trekking on the hills to receiving specialised instruction, as well as visiting places of interest, making new friends and generally having fun. They give everyone an opportunity to improve their skills and to get to know more about horse management, in a holiday atmosphere.

W J Davies Tel 024 7669 6510
Lavinia Norfolk House Fax 024 7669 6532
Avenue R website www.riding-for-disabled.org.uk National Agricultural Centre
Stoneleigh Park
Warwickshire CV8 2LY

Tehidy Holiday Park
Situated in the historic tin mining area of Cornwall and near to many good beaches. The park lies beside a stream in the wooded Tolskithy Valley with panoramic views of the surrounding countryside and is situated within reach of many activities such as surfing, fishing, wind surfing, sailing, canoeing and horse riding. Within the park there is a children's play area, a shop, television and games room, trampoline and a laundrette.

Richard and Jennifer Corbet Tel 01209 216489
Harris Mill Illogan, Redruth
Cornwall, TR16 4JQ

Trailblazers Wales
A club offering membership to young disabled children between 9/14 years throughout Wales. Members have the opportunity to participate in a variety of activities which might otherwise be inaccessible to them. Membership offered to children who find it difficult to be included in out of school activities for a variety of reasons including physical, emotional, sensory and perceptual difficulties.

Offers a range of activities including sport, leisure, recreation, arts and crafts, drama, hobbies and new untried experiences of their choice which are not always readily available to children with disabilities. A large proportion of the funding for the three year project has been donated by Children in Need, the Wales Region of the Spastics Society and other various agencies. In the future it is hoped Trail Blazers can work in partnership with Local Authorities and they will sponsor places but parents will be required to contribute a small amount.

Neil Taylor, Development Officer Tel: 02920 461703
Trailblazers Fax: 02920 461705
Scope The Wharf
Schooner Way
Cardiff, CF10 4EU

Uphill Ski Club of Great Britain (USC)
Offers winter sports activities in Europe and the USA for mentally or physically disabled people. Skiers can also book lessons at the Club’s Ski School in the Cairngorm Ski area (01479 861283), Scotland. The Uphill Ski Yearbook contains many accounts of skiing/travel experiences, and also includes a list of artificial ski slopes in the UK where sessions for disabled skiers are run on a regular basis. The USC can also offer advice for the independent skier. Further information is available in the Activity Programme, free from the USC office.
Destinations for the ski season include Europe, Scotland, and the USA. Note: these holidays are booked up very quickly (information is sent out in August/September each year).

Cairngorm Mountain Area  Tel: 01479 861272
Cairngorm Aviemore Invernesshire, PH22 1RB

SELF-CATERING HOLIDAYS
This is a list of organisations that provide self-catering holidays, to groups or families. This list should not be considered as any form of recommendation.

Badaguish Outdoor Centre
A holiday centre providing a variety of fully serviced and equipped log cabin and summer camp accommodation which is available in many combinations to suit organised groups, clubs, schools and youth organisations. It is committed to Access For All. There is a wide choice of outdoor educational activities to suit all levels of ability. There is also a respite care activity holiday programme (24 hour care). Applications are welcomed from all ages and abilities. Accommodation can be on a self-catering basis, full board or half board in a variety of buildings (lodges, log cabins, cottages or under canvas) and all buildings are wheelchair accessible. Toilets and shower rooms are all adapted for wheelchair use.

Penny Lawson / Dylis Stretton  Tel: 01479 861285
Office Manager Fax: 01479 861258
Aviemore e-mail: badaguish@cali.co.uk
Invernesshire, PH22 1QU

Calvert Trust – Exmoor
All on site activities are included in the holiday price and fully qualified, widely experienced instructors are able to cater for all levels of ability. A choice of self-catering or fully catered accommodation is available.
Activities include:
- canoeing  - orienteering  - sailing  - coast walks
- climbing  - cart rides  - horse riding  - kayaking
- swimming (indoor pool)  - archery  - abseiling  - bird watching

Wistlandpound  Tel: 01598 763221
Kentisbury Fax: 01598 763400
North Devon, EX31 4S Minicom: 01598 763221

Chrysalis Holidays
Provides themed holidays for adults. These vary from adventure camps to music and art weeks, farm or christmas holidays. Has a property on Anglesey that is equipped for people with moderate disabilities. For those with severe disabilities the company uses other locations especially adapted for one to one care.

13 Winwick Lane  Tel: 01942 671 581
Lowton e-mail: bill@epiphany.org.uk
Warrington WA3 1LR

Grooms Holidays
Offer wheelchair friendly holidays at hotels and self catering properties that operate on a non-profit making basis. All hotels are accessible to independent wheelchair users. Self-catering accommodation in the Lake District, Essex, Dorset, Lincolnshire, New Forest, Glos, Bognor Regis Calvert Trust, Keswick. Full details of all accommodation available from either:

50 Scrutton Street  Tel: 020 7452 2000
London, EC2A 4XQ Fax: 020 7452 2001
OR
PO BOX 36  Tel: 01446 771311
Cowbridge Fax: 01446 775060
Vale of Glamorgan, CF71 7GB

Special Farms Trust
A house exchange scheme (or hospitality exchange) whereby families in the UK can exchange their homes with one another for holidays. Many of the homes listed would be fully adapted.

Erme House  Tel: 01752 346861
Station Road
Plympton
Plymouth PL7 3AU

Holiday Endeavour for Lone Parents (HELP)
A non profit making charity run mainly by people who are or have been lone parents. Dedicated to providing high quality, low cost half board, full board & self catering accommodation with entertainment packages which will allow any lone parent family to both afford and enjoy a family holiday. Holidays are for lone parents who have children under the age of 18.
HYP Holidays
Owns three chalets which are adapted for wheelchair users; one at Caister, Norfolk and two at Camber Sands, East Sussex. Each unit sleeps six. Prices include Club membership which allows use of chalet park leisure facilities.

4 Hazel Gardens
Woodside, Grays, Essex RM16 2GA
Tel: 01375 375306
Fax: 01375 375300

Scout Holiday Homes Trust
Self-catering holiday accommodation for families who have members with special needs, including learning disabilities, physical disabilities, stress conditions etc. There are 15 units on 11 commercial sites around England and Wales. No scouting connections necessary.

Lynda Peters
Tel: 020 8433 7290
Hillend Homes Trust
Gilwell Park, Bury Road, Chingford, London, E4 7QW

Stackpole Centre
Holidays for special needs families & groups; on a self-catering, half-board and full board basis.

Home Farm
Tel 01646 661425
Stackpole, Pembroke, Pembrokeshire SA71 5DQ

Ty Glyn Davis Trust Holiday Centre
A purpose built self catering centre for children and young people with disabilities, located just outside Aberaeron in West Wales.

Bailiff's House
Tel: 01545 571604
Llavernchaeron, Lampeter, Ceredigion, Wales, SA48 8DG

Chrysalis Holidays
Themed holidays for adults, varying from adventure camps to music and art weeks, farm or Christmas holidays. Has a property on Anglesey equipped for those with moderate disabilities. For those with severe disabilities uses other locations especially adapted for one to one care.

Sarah Holmes
Tel: 01263 822161
Advertising and Publicity Officer
1 Montague Road
Sheringham
Norfolk, NR26 8LN

Glamorgan Holiday Hotel
A charitable organisation providing a quality holiday with personal care for those people who are elderly and/or disabled. A 24 hour care service is provided which begins prior to arrival. The Hotel is situated on the sea front at Porthcawl and is set in its own grounds.

Mrs P. Lloyd, Registered Manager
Tel: 01656 785375
The Square
Porthcawl
Bridgend CF36 3BW
Website: www.trefoil.co.uk

Trevanion House
Holidays for adults with learning disabilities. Situated in Wadebridge, north Cornwall. Place particular emphasis on enabling visitors to make their own choices about holiday activities, and provide practical support - staff and minibuses - so that such preferences may be realised.

Christine & Michael Todd
Tel: 01208 814903
Trevanion Road
Wadebridge
Cornwall PL27 7PA
Website: www.trefoil.co.uk
HOLIDAYS FOR CHILDREN
The holiday providers listed below are private organisations and this list does not constitute any recommendations. This is a list of organisations that provides holidays specifically for children.

BREAK
A registered charity specialising in holidays for children and adults with learning disabilities, either individually or in groups, with or without accompanying parents/staff. Runs two holiday and short-stay residential care centres in Norfolk.

- Sarah Holmes
  Advertising and Publicity Officer
  1 Montague Road
  Sheringham
  Norfolk, NR26 8LN
  Tel: 01263 822161
  Fax: 01263 8225560

- Harriet Davis Seaside Holiday Trust for Disabled Children
  Has three self-catering holiday homes in Tenby which are fully equipped and adapted for use by families with disabled children.

  - John Davis
    Tel: 01874 730500
    e-mail: admin@harriet-davis-brecon.co.uk
    Website: www.harriet-davis-trust-brecon.co.uk

- Hindleap Warren
  Has been providing outdoor activity holidays for children with special needs for twenty years and is the venue for the Activenture holidays. The Centre is nationally recognised as a skilled and experienced provider for young people of all abilities. Abseiling, canoeing, archery and obstacle courses are some of the most popular activities that make up activity programmes; the emphasis is on having fun but also providing children with experiences that are not normally available to them and have an educational benefit.

  - David Nottage
    Tel: 01342 822625
    Fax: 01342 822 913

- Holiday Endeavour for Lone Parents (HELP)
  A non profit making charity run mainly by people who are or have been lone parents. They are dedicated to providing high quality, low cost half board, full board & self catering accommodation with entertainment packages which will allow any lone parent family to both afford and enjoy a family holiday. Holidays are for lone parents who have children under the age of 18.

  - Mrs B. Quinton
    57 Owston Road
    Carcroft
    Doncaster
    South Yorkshire, DN6 8DA
    Tel: 01302 728791
    Fax: 01302 728791

- Ty Glyn Davis Trust Holiday Centre
  A purpose built self catering centre for children and young people with disabilities, located just outside Aberaeron in West Wales.

  - Rosie de Bree
    Bailiff's House
    Llanerchaeron
    Lampeter
    Ceredigion
    Wales, SA48 8DG
    Tel: 01545 571604
    email: tyglyndavistrust@care4free.net

- KIDS
  A national charity dedicated to providing direct services to children with disabilities and their families. A wide variety of services have been developed in partnership with parents and carers. These include Education Services to the Under 5's, play and leisure activities, Family support (including respite) schemes and information, advice and training.

  - Sue Cox
    Tel: 020 7359 3635
    Fax: 020 7359 8238

  Website: www.kids-online.org.uk

[updated January 2002]