

# ADHD Awareness Week UK

## 20–27 September 2009

### Petition

#### Adult Symptoms

- Carelessness & lack of attention to detail
- Starts new tasks before finishing old ones
- Poor organisational skills
- Inability to focus, or prioritise
- Continually losing, or misplacing things
- Forgetfulness
- Restlessness & edginess
- Difficulty keeping quiet, & speaking out of turn
- Blurting responses, & poor social timing when talking to others
- Often interrupting others
- Mood swings
- Irritability & a quick temper
- Inability to deal with stress
- Extreme impatience
- Taking risks in activities, often with little, or no, regard for personal safety, or the safety of others

#### Please sign the petition for dedicated NHS funding for services for adults with ADHD:

- ADHD is common with 3 to 4% of all adults affected. Undiagnosed ADHD leads to academic failure, substance abuse, criminal activity, disrupted family & social relationships, unemployment & work problems, & poor mental health.
- Adults are being diagnosed with either anxiety or depression without recognition of their core ADHD symptoms so treatments are inadequate & deplete mental health budgets. Millions of pounds a year are lost from work-under-achievement whilst millions more pounds are spent on associated problems like imprisonment, substance abuse, & unemployment.
- NICE Guidelines recommend the provision of diagnoses, psychological support, work & social help, but implementation of the guidelines is either slow or even absent in some localities. The few current adult ADHD services provide less than the recommended minimum due to inadequate funds. It's certain too that demand will outstrip current capacity.
- Thus, the petition is asking the Prime Minister to ensure that NHS service provisions and funding arrangements for services for adults with ADHD are reviewed and revised urgently & to ensure that care complies with the NICE Guidelines as well as with the Government's national priorities.

<http://petitions.number10.gov.uk/adhdadults/>

- **Note:** if you sign the petition, you will be sent an email asking you to confirm that you want your name to be added by clicking a link within the email. It's possible that this email could land in your spam filters or junk mail folders, so please check these if you do not get a confirmation email.
- **Note:** if more than one person uses the same email address, the website's software will only recognise one of the signing parties, so please be sure to tell people to use different email addresses for each individual member of the household.